

## GRAB & GO BREAKFAST

### HOT DISPLAY

<b>Ultimate Breakfast Roll</b> Smoked local bacon, pork Sausage, fried egg, sauteed mushrooms <i>Served in a crusty white roll</i>	<b>€8.90</b>
<b>Vegan Breakfast Roll</b> Roasted mushrooms & tomatoes with spicy chipotle ketchup and our eggless tofu mayo <i>Served in a baguette</i>	<b>€8.90</b>
<b>Shakshuka Focaccia</b> Spicy tomato sauce, roasted bell peppers, baked eggs & feta cheese <i>Served in a fluffy focaccia</i>	<b>€8.90</b>
<b>Gruyere &amp; Smoked Ham Croissant</b> Melted swiss chees & cured ham <i>Served in a fluffy buttery croissant</i>	<b>€4.90</b>
<b>Bacon Quiche</b>	<b>€7.90</b>
<b>Spinach Quiche</b>	<b>€7.90</b>
<b>Bolognese Arancini</b>	<b>€6.90</b>
<b>Chicken Arancini</b>	<b>€6.90</b>

### COLD DISPLAY

<b>BLT Baguette</b> Smoked local bacon, tomato jam, buttered lettuce <i>Served in a french baguette</i>	<b>€7.90</b>
<b>Spanish Omelette Ftira</b> Chorizo & potato omelette, spinach leaves & feta cheese <i>Served in traditional 'Ftira'</i>	<b>€7.90</b>
<b>Ham and Cheese Toastie</b> Cured ham & mature cheddar <i>Served in our signature sandwich loaf</i>	<b>€4.90</b>
<b>Smoked Salmon &amp; Egg Mayo Baguette</b> Hot smoked Norwegian salmon, creamy egg mayo salad, cucumber <i>Served in a wholemeal baguette</i>	<b>€8.90</b>
<b>Selection of Yoghurts</b>	<b>€4.90</b>

## GRAB & GO LUNCH

### HOT DISPLAY

<b>Vegetable Noodles</b> Egg noodles, sweet chilli, cashew, peanuts, sauteed vegetables	<b>€12.90</b>
<b>Chicken Katsu Curry</b> Breaaded Chicken, Japanese rice, Mild Curry Sauce	<b>€14.90</b>
<b>Cauliflower and Broccoli Mac &amp; Cheese</b> Macaroni pasta with a mature cheddar bechamel finished with broccoli & cauliflower florets	<b>€12.90</b>
<b>Chicken Satay</b> Grilled Chicken Thighs, Satay Sauce, Vegetables, Rice	<b>€14.90</b>

### COLD DISPLAY

<b>Chicken Ceaser Salad</b> Grilled chicken, pancetta, croutons, ceaser dressing, aged parmesan	<b>€12.90</b>
<b>Local Goats Cheese Salad</b> Roasted pumpkin, beetroot, carmelised, walnuts, mixed leaves, honey dressing	<b>€11.90</b>
<b>Salmon Poke Bowl</b> Fresh Salmon, miso vignette, wakame, edamame, avocado, spicy mango salsa, sesame	<b>€13.90</b>
<b>Vegan Tofu Poke Bowl</b> Marinated tofu, eddamame beans, avocado, cucumber, red cabbage, carrot, tahini dressing	<b>€11.90</b>
<b>Pesto pasta Salad</b> Tubetti rigati pasta canellini beans coated in basil & pine nut pesto, fresh mozzarella, roasted tomato and chargrilled peppers	<b>€12.90</b>
<b>Smoked Salmon Protein Box</b> Scottish smoked salmon with free-range eggs, sliced avocado, soya edamame beans, baby leaf spinach and a lemon wedge	<b>€13.90</b>

# VERÀNI

*Purveyors of*  
\* FRESH MADE GOODS \*

## FRESH DELI ITEMS

Available all day

<p><b>Classic Club Sandwich</b> €8.90 Grilled chicken, bacon, egg, tomatoes, lettuce <i>Served in our signature white sliced loaf</i></p>	<p><b>Local Porchetta Baguette</b> €7.90 Roasted local pork, 'Gozo' pecorino, fennel mayo, mango chutney</p>
<p><b>Traditional Maltese Ftira</b> €7.90 Tuna, tomato paste, olives, capers, broad beans, peppered local goat's cheese <i>Served in a traditional Maltese 'Ftira'</i></p>	<p><b>Vegan Tortilla Wrap</b> €7.50 Grilled vegetables, Beans, Tofu <i>Served in a wholemeal tortilla</i></p>
<p><b>Smoked Salmon Bagell</b> €8.90 Lemon cream cheese, pickled cucumber, dill <i>Served in a crusty poppy seed bagel</i></p>	<p><b>Curried Chicken Wrap</b> €9.50 Chicken, Cous cous, Curry, Shredded Cabbage, Sweet Chili</p>
<p><b>Mature Cheddar Baguette</b> €7.90 Aged cheddar cheese, pickles, red onion <i>Served in a French baguette</i></p>	
<p><b>Prosciutto &amp; Mozzarella Baguette</b> €9.90 Italian prosciutto, mozzarella di bufala, beef tomatoes, basil pesto</p>	

## SNACK ITEMS

Available all day

<p><b>Daily selection of snacks</b> Fresh fruits, nuts &amp; dried fruit snacks, protein bars, vegan cookies &amp; muffins, organic potato crisps</p>	<p><b>Daily selection of freshly baked items</b> Filled croissants, Danish pastries, traditional Maltese treats</p>
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## TRADITIONAL FOODS

<p><b>Traditional Pastizzi</b> €1.50 Handmade ricotta cheese or pea pies freshly baked, daily.</p>	<p><b>Torta Tat-Tigieg</b> €5.90 A traditional pie filled with chicken and cream sauce</p>
<p><b>Pizza Selection</b> €6.90 Daily baked local pizza</p>	<p><b>Torta Tal-Laham</b> €5.90 A traditional pie using miced beef, vegetables and spices.</p>

## SUSHI

	8 Pieces		8 Pieces
<p><b>A.F.C</b> €10.90 Panko Chicken, Kewpie, Avocado, Hot Sauce, Cabbage</p>		<p><b>Spicy Tuna Hosomaki</b> €10.90 Tuna Belly Mince, Spring Onion, Korean Chili Paste, Mayo</p>	
<p><b>Volcano</b> €11.90 Prawn Tempura, Asparagus, Sesame Seeds, Volcano Sauce</p>		<p><b>Maguro Toryufu</b> €10.90 Tuna, Panko Crumbs, Scallions, Truffle Mayo, Masago</p>	
<p><b>Dragon Roll</b> €10.90 Salmon, Cucumber, Lettuce, Avocado, Tobiko, Sesame Seeds, Chives, Teriyaki</p>		<p><b>Vegan Uramaki</b> €11.90 Pencil beans, pickled carrots, cabbage, peppers</p>	
<p><b>Rock'n Roll</b> €10.90 Prawn Tempura, Cucumber, Avocado, Scallions, Panko Crumbs, Spicy Mayo, Teriyaki</p>		<p><b>Vegan Futon</b> €10.90 Sweet potato tempura, cucumber, sesame, baby corn</p>	
<p><b>Torched Salmon Maki</b> €11.90 Avocado, Salmon, Iceberg, Japanese Mayo, Tobiko</p>			

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## INFLIGHT PICNIC €25

Takeaway bag included

Please choose one item from each category below  
A selection of items will be made available based on seasonality

### S T A R T E R S

#### Charcuterie Antipasto

Prosciutto, Porchetta, Brie, Local Peppered Goats Cheese, Mature Cheddar, Prickly Pear Jam, Walnuts

#### Falafel & Cous Cous Salad

Spiced chickpea falafel, almond & raisin cous cous, feta cheese, Greek olives  
*Served with a yoghurt & mint dressing*

#### Pesto Pasta Salad

Tubetti rigati pasta and cannellini beans coated in our basil & pine nut pesto, fresh mozzarella, roasted tomato and chargrilled peppers

#### Vegan Tortilla Wrap

Grilled vegetables, Beans, Tofu  
*Served in a wholemeal tortilla*

#### Local Goats Cheese Salad

Roasted Pumpkin, Beetroot, Caramelised Walnuts, Mixed Leaves, Honey Dressing

#### Traditional Maltese Ftira

Tuna, tomato paste, olives, capers, broad beans, peppered local goat's cheese  
*Served in a traditional Maltese 'Ftira'*

#### Torta Tal-Laham

A traditional pie using miced beef, vegetables and spices.

### M A I N

#### Chicken Satay

Grilled chicken skewers, sesame carrots & red peppers, peanut sauce

#### Chicken Katsu Curry

Grilled chicken thighs, Japanese rice, mild curry sauce

#### Vegetable Noodles

Sweet Chilli, Cashew, Peanuts

#### Dragon Roll

Salmon, Cucumber, Lettuce, Avocado, Tobiko, Sesame Seeds, Chives, Teriyaki

#### Vegan Uramaki

Pencil beans, pickled carrots, cabbage, peppers

### D E S S E R T S

#### Brownie

Chocolate, Dates, Walnuts

#### Fruit & Yoghurt

Fresh Seasonal Fruit, Greek Yoghurt, Local Honey

#### Selection of Cakes

## INFLIGHT PICNIC KIDS MENU €12

Available for children aged 8 years or under  
Please choose one item from each category below

### M A I N

#### Mini Beef Sliders & Carrot Sticks

#### Mac & Cheese

#### Grilled Chicken Skewers & Courgette Ribbons

#### Kids Chicken Sushi

### D E S S E R T

Fresh Fruit salad and Yoghurt €4.50

Ice Cream €5.50

Selection of cakes €4.90

### D R I N K S

Still Water

Sparkling Water

Coca Cola

Fanta

Sprite

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## FRESH SMOOTHIES AND SHAKES

<b>Iced Mango Green Tea</b> Fresh Mango - Coconut Milk - Iced Green Tea - Local Honey - Boba Pearls	<b>€5.40</b>	<b>Strawberry &amp; Peanut Butter (Vegan)</b> Fresh Strawberries - Almond Milk - Peanut Butter - Vanilla - Boba Pearls	<b>€5.40</b>
<b>Chia Smoothie</b> Fresh Strawberries - Pineapple - Banana - Orange Juice - Greek Yoghurt - Chia Seeds	<b>€5.40</b>	<b>Coconut &amp; Banana (Vegan)</b> Banana - Coconut Cream - Boba Pearls	<b>€4.90</b>
<b>Date Cacao</b> Raw Cacao - Vanilla - Dates- Oat Milk - Banana - Greek Yoghurt	<b>€5.40</b>	<b>Nutella &amp; Oreo</b> Oreo - Madagascar Vanilla Ice-Cream - Milk - Nutella Cream Crown	<b>€5.40</b>
<b>Avocado &amp; Matcha Smoothie (Vegan)</b> Fresh avocado - Matcha Tea - Soy milk - Maple Syrup - Boba Pearls	<b>€5.40</b>	<b>White Chocolate &amp; Matcha</b> Matcha Powder - White Chocolate Ice Cream - Milk - Raspberry Cream Crown	<b>€5.50</b>

## FRESHLY SQUEEZED JUICES

<b>D Tonic</b> Cucumber - Celery - Kale - Chilli	<b>€3.50</b>	<b>Forever Young</b> Carrot- Grape - Pineapple - Orange	<b>€5.50</b>
<b>Passion Grapefruit</b> Orange - Grapefruit - Strawberries - Passion Fruit - Ginger	<b>€4.90</b>	<b>Ironed</b> Apple - Red Grapefruit - Ginger	<b>€5.50</b>

## COFFEE

<b>Espresso</b>	<b>€2.10</b>	<b>Iced coffee</b>	<b>€4.00</b>
<b>Double Espresso</b>	<b>€3.00</b>	<b>Whittington Tea Selection</b>	<b>€2.80</b>
<b>Espresso Lungo</b>	<b>€2.10</b>	Choose your Milk: Soy/Almond/Coconut/ Lactose Free/Oat Milk	
<b>Macchiato</b>	<b>€2.50</b>		
<b>Americano</b>	<b>€3.00</b>		
<b>Cappuccino</b>	<b>€3.50</b>		
<b>Large Cappuccino</b>	<b>€4.00</b>		
<b>Mocha</b>	<b>€3.00</b>		
<b>Latte</b>	<b>€3.00</b>		
<b>Hot Chocolate</b>	<b>€3.20</b>		

## FRAPPES

<b>Mocha</b>	<b>€4.50</b>	<b>Caramel Frappe</b>	<b>€4.50</b>
<b>Chocolate Cream</b>	<b>€4.50</b>	<b>Caramel Cream</b>	<b>€4.50</b>

## MINERALS

<b>Kristal Water</b>	<b>€2.15</b>	<b>Kinnie</b>	<b>€3.95</b>
<b>Small Still/Sparkling</b>	<b>€2.75</b>	<b>Diet Kinnie (Pet 50cl)</b>	<b>€3.95</b>
<b>Red Bull</b>	<b>€5.50</b>	<b>Ice Tea Peach / Lemon (Pet 50cl)</b>	<b>€4.50</b>
<b>Coca-Cola</b>	<b>€3.95</b>	<b>Kombucha (330ml)</b>	<b>€5.50</b>
<b>Coca-Cola Zero</b>	<b>€3.95</b>	<b>Tonic Water</b>	<b>€3.95</b>
<b>Sprite</b>	<b>€3.95</b>	<b>Bitter Lemon</b>	<b>€3.95</b>
<b>Sprite Zero</b>	<b>€3.95</b>	<b>Fresh Orange Juice</b>	<b>€4.50</b>
<b>Fanta</b>	<b>€3.95</b>	<b>Pfanner Juice</b>	<b>€4.90</b>

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## WINE LIST

	150ml	375ml
Champagne & Sparkling wine		
<b>Moet Rose Imperial</b>	<b>€28.50</b>	
<b>La Gioiosa Valdobbiadene</b>	<b>€7.90</b>	
<b>Di Maria Prosecco</b> <i>(1/4 bottle)</i>	<b>€9.90</b>	
Rose wines		
<b>J.P. Chenet Grenache</b> <i>(1/4 bottle)</i>	<b>€6.90</b>	
<b>Hampton Water</b>	<b>€10.50</b>	
White wines		
<b>Meridiana Isis</b>	<b>€8.90</b>	
<b>La Torre Chardonnay</b> <i>(1/4 bottle)</i>	<b>€6.50</b>	
<b>Batasiolo Gavi di Gavi</b>	<b>€8.90</b>	<b>€17.80</b>
<b>Badger's Creek Chardonnay</b> <i>(1/4 bottle)</i>	<b>€9.50</b>	
<b>Robertsons Chenin Blanc</b>	<b>€6.90</b>	
<b>The Federalist Chardonnay</b>	<b>€10.75</b>	
Red wines		
<b>Antinori Bruciato</b>	<b>€13.90</b>	
<b>Nero d' Avola</b>	<b>€8.50</b>	
<b>La Torre Merlot</b> <i>(1/4 bottle)</i>	<b>€5.50</b>	
<b>J.P. Chenet Cabernet Sryah</b> <i>(1/4 bottle)</i>	<b>€9.90</b>	
Sweet wines		
<b>Batasiolo Moscato d' Ast</b>	<b>€9.50</b>	

## COCKTAILS

<b>Kombucha Pomegranate Punch</b>	<b>€7.90</b>
<i>(Non Alcoholic)</i> Rose Kombucha - Herb Tea - Ginger Beer - Fresh Pomegranate Seeds	
<b>Matcha Colada</b>	<b>€11.90</b>
Absolute Vanilla Vodka - Coco Milk - Pineapple - Galangal Juice - Matcha Powder	
<b>Maltese Spritz</b>	<b>€8.90</b>
Prickly Pear Liqueur - Rose Bubbly - Soda	
<b>Seaweed Negroni</b>	<b>€12.90</b>
Campari - Sweet Vermouth - Seaweed infused Tequila	
<b>BEERS</b>	
<b>Cisk (33cl)</b>	<b>€3.95</b>
<b>Cisk Excel (33cl)</b>	<b>€3.95</b>
<b>Cisk 0.0 (33cl) <i>(Alcohol Free)</i></b>	<b>€3.95</b>
<b>Cisk Berry/Lemon/ Ginger &amp; Lime (33cl)</b>	<b>€3.95</b>
<b>Green Hop Ale (33cl)</b>	<b>€6.50</b>
<b>Ginger Beer (33cl)</b>	<b>€7.00</b>
<b>Becks (33cl) <i>(Alcohol Free)</i></b>	<b>€3.95</b>
<b>Strongbow (44cl)</b>	<b>€6.10</b>
<b>Corona (33cl)</b>	<b>€6.50</b>
<b>Double Red Strong Ale (44cl)</b>	<b>€6.50</b>
<b>Blue Label (44cl)</b>	<b>€6.50</b>
<b>Heineken (33cl)</b>	<b>€3.75</b>
<b>Becks (33cl)</b>	<b>€3.95</b>
<b>Guinness (44cl)</b>	<b>€6.75</b>

## TEQUILAS

30ml

<b>Milagro Silver</b>	<b>€3.50</b>
<b>Don Julio Repasado</b>	<b>€6.90</b>

## APERITIFS

<b>Martini Dry</b>	<b>€2.75</b>
<b>Martini Rosso</b>	<b>€2.75</b>
<b>Martini Bianco</b>	<b>€2.75</b>
<b>Campari</b>	<b>€2.75</b>
<b>Aperol</b>	<b>€2.75</b>

## VODKA

30ml

<b>Smirnoff Red</b>	<b>€2.75</b>
<b>Absolut</b>	<b>€3.50</b>
<b>Belvedere</b>	<b>€6.90</b>

## WHISKEY & BOURBON

<b>J&amp;B</b>	<b>€2.75</b>
<b>Johnny Walker Red</b>	<b>€3.00</b>
<b>Johnny Walker Black</b>	<b>€5.50</b>
<b>Johnny Walker Blue</b>	<b>€15.90</b>
<b>Chivas Regal</b>	<b>€5.50</b>
<b>Jack Daniel's</b>	<b>€3.50</b>
<b>Jameson</b>	<b>€3.50</b>

## RUM

30 ml

<b>Captain Morgan Dark</b>	<b>€3.50</b>
<b>Captain Morgan Spiced</b>	<b>€3.50</b>
<b>Malibu Coconut Rum</b>	<b>€3.50</b>
<b>Bacardi Silver</b>	<b>€3.50</b>

## GIN

30 ml

<b>Bombay Sapphire</b>	<b>€3.50</b>
<b>Tanqueray Gin</b>	<b>€11.90</b>
<b>Hendricks</b>	<b>€5.50</b>
<b>Beefeaters</b>	<b>€3.50</b>

## LIQUEURS

<b>Limoncello</b>	<b>€2.75</b>
<b>Baileys Coffee Liquer</b>	<b>€3.50</b>
<b>Sambuca Molinari</b>	<b>€3.50</b>
<b>Amaretto Disaronno</b>	<b>€3.50</b>
<b>Cointreau</b>	<b>€3.50</b>
<b>Frangelico</b>	<b>€3.50</b>
<b>Tia Maria</b>	<b>€3.50</b>
<b>Passoa Orange Liqueur</b>	<b>€3.50</b>

## DIGESTIFS

<b>Averna</b>	<b>€3.50</b>
<b>Fernet Branca</b>	<b>€3.50</b>
<b>Amaro Montenegro</b>	<b>€3.50</b>
<b>Jagermeister</b>	<b>€3.50</b>

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